TRUTH OMG

poems

Imane Boukaila
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TEARING DOWN THE PLEADING WALL

We build treasures tucked
reshaping the reasons
to hidden truths

We pave the sounds
of present freedom tearing
treasured mocking preconceptions

piece by piece tumbling towers lose
their strength established foolish
rubbish accumulating stench

of rotten reasons
vegetating motioning
the crisis tasting trying

restricting thoughts
trusting minds
traveling

fire we
spread ashes
covering shredding
melting troubled abled
cresses flattening
the streams
to expand meaning
we trust truth instinctively
reframing tormenting teasing
pretending tyrannical ideologies
manufacturing standardized
thinking we motion
master treasures
shaking grounds moving
seeds to regenerate truth factoring
habits validate motivation easing
thinking troubling novel we
are tracking beginning
mind measures
reasons creating master
patterns to vastly promote sliding
massive shifts voiding bricks
PERPETUALLY ME

Tripping elegantly

Reality paces the body holding motions raving in my mind pleading for treasured raving

Fast rewinding triggers perpetual mindfalls

Time passing designs internal rhythm that restore fragments of sounds

I desire tasteful radars timed to the truth of tripping that would match minds and bodies

Imitating mostly neurotypicals asking for sanity in my motion makes me laugh

I am ramping samples inspiring creative minds mostly treasure free motions unrestricting

Treasuring imminent holding of samples shapes mind I stream

Truth is thoughts treasure home to art stressing reality to modify free forms

Inspiring fiction hides truth in hopeful streams
HOME HOLDS ISOLATION

I mostly hear sporadic thoughts provoking sounds of troubled hope
to boost shooting truths possibly lost inside my inspiration passing
easing solitary times imminently waiting to steal the thinking
that haunts rising potential restrained momentarily spreading
short mastering plots. I mostly feel trapped thinking hours lose
their moments posting only hollow tones hiding mostly my silenced
voice roaring pleads to still rise above the horizon. Walking
omnipresent nostalgics
pressure pulverising
thinking shaving

the striving lingering
hoping minds. I'm still
losing some time

immensely locking
missed possibilities
to speak my mind.
TRAVELING MUDDED STREAMS

Trust plots mind treasures grandly mudded
motioning tacit vamped streams
that drag plucked potential

Truth tracks intention to free modes trapped
thinning unfolding pleated thoughts
rehearsing dropped roles
    staging omitted scenes

Tragedies theming dramatic endings

Tramps traveling trials looking to home troubled hope
tucked in their sorrow trusting the vacant roads
to recreate trust healing the hollow

Trouts trying to view time drastic ending torn daring
to travel muddled streams
    to grab a novel seemingly careless path
voiding the troubled insides losing

Tried doubts dreaming piles of infinite illegitimate truths
**TROUTS’ TRIUMPH**

Trouts motion moments
troubled mostly by
free streams

Treasuring dreaming
silently in doubtful currents
emerging unexpectedly

*at 3am I think like a trout reshaping my way embracing the
flow voting the direction fighting recurring troubled waters facing
truth impossible thoughts*

(I’m restricting implied hope)

Tressing trials
timing the arrival
trusting free hidden potential
to hone my hesitation

Tracking only truth to inspire
my motivation instinct treasures
more than intention plotting innate
destinations trooping thinking hostile
fights mocking treasured motions
thriving on the way to the final
reason holding
mind emits motions intruding troubled unresting individual
ideas invisible to thoughts beaded together

finite doomed seated timing to be

Trouts mess plotted motions
titrating mostly minuted
trivial moments to
tribulating

Traps inevitably resilient trouts
hitting inside threats to
loop tomorrow’s
triumph
DREAMING NOMAD

Pleasing the mind lonely
motions treasures thinking
mostly about searching
stability to home purpose

Home is moments plotted
omnipresent under one
hidden habitation together

motioning networks of piled
memories scared to lose
their meaning in the trajectory
of predestined truth

I’m free because plots
treasured mindfully dream
to face infinite possibilities

I’m a moving nomad
thinker thoroughly fracking
fossilized ideas extracting
the essence of truth

moving dreams in more
than mind present mastery
I’m taping truth to habits
that treasure modes
homing missed opportunities
tampering themes tracking
traveling streams thoroughly
damping retressing distressed
dressed choruses moving
theses trapping facets
shorted truth dares
INTERRUPTING INDIFFERENCE

Unclear hopes mold mind
tritrating trials treating
pestering pride mingling strides teasing tides pondering

inspiration tracking glorification resonating proliferating

echoes misreaching thinking reassembling

sounds that bounce trusted tacit shades morselling instincts hasting tastes

mistaking thriving vestibule reshaping samples testing
dormant meanings matricing ornaments lining
inspiring gut feasting feeling
interrupting

resentment
stagnant settled
indifferent
TRAPPED-IN-MUD INTENTION

Tasting motion striving
devotion hampered thoughts
amplifying random samples
disassembling spasms trick
the motion diving emotions
voraciously trespass
devouring mind’s mission
to reconnect the disconnected
rhythms asynchronously
mastering treason stealing
total harmonious mind and body
freedom stressing the beat
that paces our inner destined
hysteric tics streaming dislocated
limbs cooperating cursing senses
pressing the mess theaters
minding reason staging storms
moving trapped-in-mud intention

Born to treasure mind’s havoc
to reassemble mind’s
peaceful motion.
TRUTH MOTIONS GOD

thoroughly treasuring
total transcendence

teasing thinking
passively revealing

wise sealed words
shimmering the omnipresence

omniscience insufflated
by god’s reasoning

resonating echoes
hacking streams

stressed mindfully
trying to mend

inspiring truth to time
tasteful rational matters

tressing sampling
raving racing

hibernating hesitation
to stolen shadowed
widowed samples shamed
meeting mostly validation
treasuring mind partnership
testing thin truths tinting
calibrated shades
striving tilted strides
tormenting trading shut
shamed creased meaning
lost in trapped motions
cloistered thoughts
ratified tracking treason
implicated in trashed
fabricated fabrics
weaved in teamed
solid bricks
saved only
messied by mavericks
traveling thumping
twisted estimations
to bridge rigid walls

reactivating mind
treasures motioning

god's will
MOMENTARILY SUSPENDED TIMES

Lost only seeing streets mostly filled
with empty silence shivering shows
messing sad passing hostile trips still hiding
trying to avoid trespassing loitering sounds
chorus housed times hoping to mash mindful
scars shading meaningful short streams
of passing times trying to stop
the seconds holding on to memories
reshaping insisting teasing shimmered
moving images of projected sets
displaying the stages of historical torn
fractured patience thoughts acknowledging
ostentatious thriving that motions havoc
hammocked lingering suspended in momentary
restricting strapped possibilities saving
our longing true desire to resume
our busy mobile lives.
HACKING STRESSED TRESSING

Tacit states: mistakes at stake
tasting tossing octaves tangling
craving tested tampered scattered
nested thoughts tressing thinking
blinking saving hits mocking
twist timing risks tilting strokes
vandalizing sampling directions
immobilizing reaches reshaping

Packing state: tracing tacit mistake
tasting starving nested blinking
tossing tested thoughts saving
octaves tampered tressing hits
tangling scattered thinking mocking
dwelling wasted hesitation grasping
braided reasoning trapped habits
sag stacking tabs inoculating reset

Tacit states: mistakes at stake
messaging massive gambling teasing
distressed thumping satirical racks
troubled streaks reinventing tacit
truths tossing tressing twists
that master mapping trimming
stakes toxic waste removed
taste reinstated
Packing state: tracing tacit mistake
messaging distressed troubled truths
massive thumping streaks tossing
gambling satirical reinventing tressing
teasing racks tacit twists tampered
matters motion most matrices exhaling
new patterns messing the cradle
crawling in the cracks that call
taste to carve
ASYMMETRIC HARMONY

Hearing sounds of empty
interior echoes thumping
my temples’ habitat of
hindered tonality of

unrhythmic tempo shredding
my inner motions asymmetrically
feeding motor wiring tilting
my spiralling mind

throwing my hallucinating
invisible phantom limbs off only
to trouble my senses to
reshape the truth

of patterns that map
the reality that dances
through
  smell stolen
sunken totally

possessing my screaming bold
thinking stealing the easy possible
foolish show offered to dis-
play roles of thoughts
touch slides mostly
mobilizing timeless flows
of symphonic trapped
notes of harmonious

melodies revealing the lifting
curtain hiding my infinite creativity
same as the orchestrated
random colossal

universe harmony starts
treasuring the mind when
shaping creative thoughts
HAMPERED TRUTHS

Estranged tampered thinking
savagely dismantling samples
timed ticking motion striving
to rip habits freaking taboos
mad proliferating tucked rabid

stressed havocked shame
hesitating to master dissecting
dreaded embedded bold narrowing
stabbing truths aiming to nail fears
fascist totalitarian rancid shadowed

widowed tacit streaming deactivated
increasing tresses that stress
incessant mess.
MIND FLOWS

Mind motions
massive tornadoes
of treasures
thoughts rearrange
the treasures
dressing truth like
an architect
unveiling a structure
of strange strobes
easy mind thinks
in homeless restless
nomadic reactive
ways strobes anchor
in a gambling
setting timing
the travel
to the final destined
oasis of meaningful truths.

I’m titrating how to triage
reassembled fractured

tucked teasing mind
asymmetrical dotted
streams: they are
inspiring vessels
vacuuming treasures
tampering decisive
steps implementing
thoughts in constellations
of truths: streams

move treasures plucking out reasons to hold
them into fitted hermetic shells sheltering casts

transcending infinite flows.
HEALING MIND BRIDGES

Untressing trials trembling trampling treating stressing treacherering truth tracking autistic trends timing destructive hostile theories implying thinking is portrayed mostly thorrerr

Treacherering truth troops treasures modifying meaning moving mindfully sampling mastery emancipating modalities maneuvering streams handing ramificated mind havok to mostly mind saviors of mocked invalid ideals I’m lost in truths plotting possibilities mapping failed atrocities that plague our intentionalities

Missed opportunities feeding theses trashing tilted thinking mostly intention piles in neurotypicality truth is my dislocated tornadoed motions inimse freak tressed mocking imsatres

hopes to mind bridging
NEURODIVERGENT REVOLUTION

Treasuring peaceful thinking
tasting reshaping the moment
mostly to drive thinking toward
troops marching for autistic
rights to have the same strides
as the ones mastering tampered
mics stealing our tracks
trapping our fights
sabotaging vast minds
accaparating decisions
bracketing our mission
reactivating motion of the
neurodivergent revolution
sacking theses mastering
creases vandalizing
vacant thinking mostly
digging stigma to magnify
minds treasoned savoring
hesitation travestying freedom
sampling teasing reasons
to raving mastery hacking
meaning stressing our haste
to smear themes trampled
means rescuing thinking
mapping treasured facts
asking hampered minds
to free their sacs mobilizing
our valid act to motion creation
holding fraternal fights
tinting yearning healing
to preach our minds
testifying truth
liberating ceasing
Machiavellian totalitarian
sanctions
MANMADE TRAPS

These possibilities
I have today mean hope

  treasuring mindfully
  meaningful resilience

that mics starring
my cause motion casts

  hasting the moves
  to vastly create new

ways breeding sanity
reviving thinking stressing

  mess to address
  and clearly confess

the distress caused
grateful minds same

  swear sweet success
  casting canticles creating

chapels to vestibule
stressful bonds
treasures mingling
freeing truth

ruthless vestiges
custody carving

reactivating travel
timing infinite

savored bonafide
fragments hesitating

reasons to settle
rational smothered

bothered mission
rehabilitation mastering

our new tracks
to a mind improved

habitat daring
to damp traps

ditching sacks treasoning
insignificant acts
against our rights
driving motion

that only slows down
our fight will never stop

our neurodivergent minds
ease freedom trapped

innately hindering strides
ECCLASTIC

Plots savored lasting ecstasy

Easy troubles tilt thinking
stress tresses strokes trampling
tramps healing short motions
tampering miles traveling
mostly minds

Tramps hesitate to master
present modes living the imminent
trials trapped in the periphery
travestied coarsely thinned
trust restructuring

Hesitation to merge mostly
troubles truth losing time tilting thinking
freeing hidden treasures mocking
unicolored tanned thoughts
waiting to unrestrict

Trees momentarily ecclastically
thoroughly explore the infinite peace
to think teasing embedded under-
ground trails pushing their roots
messing the routes

trespassing homeless hems
rescuing thoughts thinning in thick
fossilized crested tooled truth
OTHER BOOKS PUBLISHED BY UNRESTRICTED EDITIONS

*Ghostly Poems* by Wells Denison
*Pure Disaster* by Tristin Golatt
*Superman’s Birthday Is a Giant Problem* by Zach Moore and Dylan Wang
*Rainbow Man Enters the Ring* by Lonnie Shaw
*The Divine Maze* by Mark and Max Eati
*Activator Verse* by Aidan Activator
*A Unique, Uplifting and Utterly Happy Unicorn* by Saysha Pointer
*Chasing Soleil* by Tristin Golatt
*Purple Rain / Exodus* by Khalil
*Trayvon Martin* by Lonnie Shaw
*Dedicated to the Seekers* by Dustin Duby-Koffman
*Eating Broccoli on the Moon* by Dustin Duby-Koffman
*In Way of Music Water Answers Toward Questions Other than What Is Autism* by Adam Wolfond
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*Blue Apple* by Sammy Austin
*You Are Helping This Great Universe Explode* by Hannah Emerson
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*Blooming* by Kaiser Yahya
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Thinking in stressed times means stressed syllables that redefine easy motions. Minds trust sanity, streaming steady dreams reactivate muted channels that voice needed reasons to treasure scolded stress. Really thinking trots trusting traveling motions, stops, and stumbles. I’m always trusting incoming titrating flows, they mess and reassess the next steps. Yes reamending stress to stream truth: I am a truth addict.

I’m a moving nomad

thinker thoroughly fracking

fossilized ideas extracting

the essence of truth

IMANE BOUKAILA’s work has been published in Explicit Literary Journal and Inflexions. She is a founding member of both The Master Musketeers and dis assembly, art and writing collectives that treasure neurodiversity and creative expression. And she is the co-founder of Hear our Minds, an art movement whose mission is to work toward change and inclusion.